

# SYC Pom News!

August 2022

## LETTER FROM THE PRESIDENT

*Hello SYC families!*

*I hope that everyone is having a fantastic summer so far! I would like to start off with a little about me. I have enjoyed working with SYC the past few years and look forward to continuing now as President of SYC. I am a mom to one cheerleader this year (Kourtney-almost 11) as Sharlotte (9) has decided to move on to Soccer for now. (I also have two older children grown and married!) I am a local realtor and we relocated to Sherwood from Newberg about five years ago. I am here to support the program and athletes first and foremost so please reach out if you need anything at all.*

*We are so excited to be starting practices this week! There is a lot going on, so be sure to follow all our social media posts and closely monitor your email inboxes. Between now and the beginning of the school year, we have so much stuff happening: practices and tumbling begin, our first fundraiser ends, our annual SYC BBQ, athlete photos, and MORE! We all have a lot going on outside of all our cheer stuff I know, so let's all stay connected! Please let me know if you need anything.*

**Special announcement:** *We now have a new Volunteer Coordinator joining our board. I am so pleased to welcome Carie Motland to our team. I am sure you will all be hearing from her soon to set up help for the upcoming BBQ and season! Thank you, Carie.*

*I look forward to seeing you all and getting to know you better. Please feel free to reach out to [president@sherwoodcheer.org](mailto:president@sherwoodcheer.org) if you have any questions and/or concerns.*

*Thank you,  
Jessica Heins  
President  
Sherwood Youth Cheer*

## RIP CITY POPCORN FUNDRAISER

The collection date for popcorn sales will be **August 10th @ 6pm at Sherwood Middle School**. If for some reason you are out of town and will not be at the August 10th practice, please reach out to Jill at [fundraising@sherwoodcheer.org](mailto:fundraising@sherwoodcheer.org) to arrange drop-off.

\*Please make sure all orders and forms are correct and legible. Also make sure that you have one check written out to SYC to turn in. Thank you!

## **SYC ONLINE SPIRIT STORE IS OPEN**

Show your support for your favorite cheerleader by picking up some new SYC gear for the fall season. We'd love to see the stands filled with crimson, black, and white on Saturdays! The store closes on August 13th, and orders will be delivered by early September. Choose from local, free pick-up or the ship-to-home option. You can find our spirit store by clicking [HERE](#). A portion of each purchase goes back to our cheer program!



The advertisement features a collection of merchandise on the left, including a white long-sleeve shirt, a black hoodie, a black beanie, a grey hoodie, a black vest, a black tote bag, and a black baseball cap. The items are arranged in a grid-like fashion with small red starburst graphics between them. To the right of the merchandise is a black rectangular box with a diagonal line pattern. Inside this box, the text "Sherwood Youth Cheer Spirit Store" is written in a white, cursive font. Below this, "NOW OPEN" is written in a white, sans-serif font, flanked by four yellow starburst graphics. A large QR code is centered in the box, enclosed in a red border. Below the QR code, the text "A portion of each purchase goes back to our cheer program!" is written in a white, cursive font. On the left side of the black box, the URL "sherwoodyouthcheer2022.itemorder.com" is written vertically in a white, sans-serif font.

## **COACHES CORNER**

### **Communicating with your coach:**

All communications from coaches will be sent via email. It is very important to check your email regularly. Check your spam folder if you are not receiving emails. Coaches will send a weekly email with all the info that is important to know for the upcoming week. Every team has its own email address. The best way to get a hold of your coach is through your team email. In case of an emergency, you can call Tess (503.544.9698) or Jess (971.777.0906), Co-Directors of Coaches. Please only use these numbers in an emergency situation. All other questions and communications should be sent to the team email.

**Sweethearts K-2:** [sweethearts@sherwoodcheer.org](mailto:sweethearts@sherwoodcheer.org)

**White 3/4:** [white@sherwoodcheer.org](mailto:white@sherwoodcheer.org)

**Black 5/6:** [black@sherwoodcheer.org](mailto:black@sherwoodcheer.org)

**Crimson 7/8:** [crimson@sherwoodcheer.org](mailto:crimson@sherwoodcheer.org)

**Competition Team:** [competition@sherwoodcheer.org](mailto:competition@sherwoodcheer.org)

### **Team Practice Schedule:**

Practices start this week!! Practices go from 8/8/22 thru 10/27/22.

**Sweethearts and 3/4 White:** Mondays and Wednesdays 4:30PM–6PM @SMS

**5/6 Black and 7/8 Crimson:** Mondays and Wednesdays 6PM–8PM @SMS

**Sweetheart Tumbling:** Thursdays 4PM-5PM @Tumblebears

**3/4 White Tumbling:** Thursdays 5PM-6PM @Tumblebears

**5/6 Black Tumbling:** Tuesdays 5PM-6PM @Empire

**7/8 Crimson Tumbling:** Tuesdays 6PM-7PM @Empire

### **Absences**

Planned vacations will not be penalized during the month of August. However, if you're in town, you need to be at practice. Cheerleaders must know the material to cheer at football games. Starting August 27th, all missed practices will be considered an unexcused absence. Please review the absence policies in the Handbook.

#### *How to record absences:*

Log into the parent portal

<https://app.jackrabbitclass.com/jr3.0/ParentPortal/Dashboard?OrgId=543825> ← Bookmark this link!

Click the three horizontal lines in the top right corner

Click “absences and make ups”

Click submit an absence

Add your dates and reason

A window will pop up and ask you to click each class affected

Submit

### **Carpool:**

If you are in need of a ride to or from team practices or tumbling classes OR are able to drive, please fill out this survey and we will try to get you all connected.

<https://forms.gle/BDxihjuNmoQe38jT9>

### **SYC ANNUAL BBQ**

Our annual BBQ is almost here! Make sure to mark your calendars for this fun event! Get to know each other and bond as teams before games get going! There will be fun activities for the whole family, including Kona Ice. Hamburgers and hotdogs will be provided, with sign-up sheets going out for sides, drinks, and desserts.

**Date:** August 27th, 2022

**Time:** 4-8pm

**Where:** Pioneer Park- 20570 SW Jonquil Ter, Sherwood, OR 97140

## **TEAM PICTURES**

SYC is excited to have Lori Gush with Sparkle Portraits, as our team photographer this season! Team photos will be held Sunday, August 28<sup>th</sup> at Sherwood Middle School. Teams will have specific times to show up to keep the day running smoothly. Athletes will wear full uniform (skirt, top, black shoes, black no-show socks, and black hair bow).

**Sweethearts Team arrival time: 8am**

**White Team arrival time: 9am**

**Black Team arrival time: 10am**

**Crimson Team arrival time: 11am**

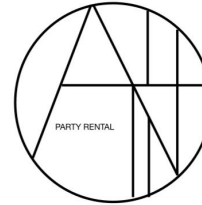
Picture make-up day will be September 17th. More information to come.

## **COVID-19 PROTOCOL**

As per communicable disease protocols, students and staff with primary COVID-19 symptoms or a positive COVID-19 test result will continue to be excluded from school for a 5-day isolation period. Students and staff may return to school/work following 5 days of isolation if the individual has been fever-free for 24 hours without the use of fever-reducing medication and has overall symptoms improvement. No one without symptoms need quarantine or miss activities. Only if you have symptoms or test positive do you need to quarantine for the 5 days.

## **SPONSORS SPOTLIGHT**

Big shout-out to our 2022/23 cheer sponsors! Our sponsors help fund scholarships, coaching, tumbling, uniforms, camps, and competitions for SYC. If you have any questions about sponsorships, please contact Jessica at [sponsorship@sherwoodcheer.org](mailto:sponsorship@sherwoodcheer.org) for more details. Sponsorship levels can be found [HERE](#).



## **HAPPY BIRTHDAY TO ALL OF OUR AUGUST BIRTHDAYS!**

Audrey Moton  
Serenity Restoff  
Emma Vauble  
Ashlyn Moore  
Paislee Eggiman  
Paige Slater  
Kayla Motland  
Cordelia Watson

## **TUITION**

Monthly tuition starts in August and will run on the 15th of each month. Please make sure you have the correct payment information saved in your account. Credits for exceeding your fundraising goals, will be applied to October tuition first, then September, and then August if applicable.

## **IMPORTANT UPCOMING DATES:**

**Aug 8th-** Practices Start @SMS  
**Aug 12th-** Dine Out w/SYC @Panda Express  
**Aug 20th-21st-** SYC Day Camp, 9am-12pm @Empire Athletics- Sherwood  
**Aug 23rd-25th-** Bowmen Cheer Camp, 9am-12pm @SHS  
**Aug 27th-** SYC BBQ, 4-8pm @Pioneer Park  
**Aug 28th-** Team Photos @SMS

**Sept 17th- Make-up Photos**

**Be sure to follow us on social media and check out our [website](#) to stay up-to-date on all things SYC!**

- Find us on Facebook– [@SherwoodYouthCheer](#)
- Find us on Instagram-- [@sherwoodyouthcheer](#)
- Pom Newsletters -- <https://www.sherwoodcheer.org/parent-news>
- Join our email list -- <https://www.sherwoodcheer.org/testhome> (sign up at bottom of page)

\*Reminder: When you do your shopping at [AmazonSmile: SYC](#), Amazon donates to Sherwood Cheer!

**All the best,**

**Your SYC Board**